

# Help put the brakes on kids' cancer!



**Ride Inside** is a two-hour stationary bike event full of friends, fun and fundraising where you can help ride towards a brighter future for Manitoba kids with cancer. *Whether you ride, or donate, you will change lives.*

**When:** November 21, 2024 (or virtual: Nov. 14-21)

**Where:** Manitoba Hydro Place, 360 Portage Avenue



**50-60** Manitoba kids are diagnosed with cancer each year.

You can give them and their families HOPE.

All funds raised stay in Manitoba to help kids like Ruby.

**REGISTER NOW**  
[rideinside.ca](https://rideinside.ca)

