

# Winnipeg Beach organizing Challenge for Life in the Interlake event

By Patricia Barrett

Winnipeg Beach will be among dozens of communities taking part in the 2022 CancerCare Manitoba Foundation's Challenge for Life event that raises money for cancer prevention, research and patient services.

Winnipeg Beach is calling its event "Challenge for Life in the Interlake," and it's being planned for mid-June at the bandstand near Lake Winnipeg.

"I think it will be a fun day. We're going to have a walk, music, bands, activities and some games," said organizing committee chair Betty Loewen. "If people want to raise money for a good cause, they're welcome to join us that day."

Previously, the Winnipeg Beach organizing committee took part in the Canadian Cancer Society's annual Relay for Life. But the society won't be holding a relay event in Winnipeg Beach.

"Because we're unable to have the society's Relay for Life, we decided to support CancerCare Manitoba's Challenge for Life, therefore keeping all the fundraising local," said Loewen.

CancerCare Manitoba Foundation's Challenge for Life is an annual event that raises awareness of the various types of cancers that affect Manitobans and raises funds to support cancer prevention, early detection, treatment, patient services and research. In 2021, 70 communities took part in the challenge, raising \$1.065 million. A total of \$14.3 million has been raised to support CancerCare's work, according to the Challenge for Life website.

The challenge consists of participants completing 20 kilometres (12.4 miles) or 200 minutes of exercise and committing to raising a minimum of



FILE PHOTO BY PATRICIA BARRETT  
Betty Loewen is the organizing committee chair of the Challenge for Life in the Interlake.

\$250. Any type of exercise — walking, running, kayaking, cycling, swimming, yoga — is eligible for the challenge, said Loewen. People can complete their personal challenge over the course of 12 days or all at once during the Winnipeg Beach event.

"My challenge will be riding my bike for 20 kilometres," said Loewen. "I'm going to start that before our event. Some people might want to start a few days beforehand and finish their challenge at the event."

The event will be modelled to a certain extent on past Relay for Life events, which Loewen chaired.

"Right now, we're still in the midst of planning and we don't have all the details ironed out, but we're going to do it much like the previous relay



EXPRESS PHOTO BY CATHERINE SPROAT

Winnipeg Beach residents and other supporters are shown here taking part in a Canadian Cancer Society Relay for Life in 2019. The town is now taking part in Manitoba CancerCare's Challenge for Life.

events," she said. "For example, we'll be celebrating cancer survivors with a lap around the course by the bandstand, and we'll be having themed laps such as a cowboy lap or a crazy hat lap. And later in the evening, we will light the luminaries, which we'll have lining the walking path to commemorate people we lost to cancer or those still fighting it."

The Gimli High School jazz band will be performing at the event as will the rock 'n roll dance band, the Biivers.

The organizing committee, which is made up of Loewen, Collette Banks, Carol Opperman, Darlene Shkawritko,

Kathy Sigurdson, Leanne Stutsky, Allan Sulyma and Marnie Guzzi, is hoping volunteers will step up and help with the events.

The Challenge for Life in the Interlake is scheduled for Saturday, June 18 at the Winnipeg Beach bandstand. It costs \$25 per person to register. Participants will receive a T-shirt and other goodies.

For more information on the challenge or to volunteer, call Betty Loewen at 204-641-4423 or visit the committee's Facebook page titled "Challenge for Life Interlake."

## > WINNIPEG BEACH MARKET, FROM PG. 2

and in turn, helping everyone in the community," said Crotty.

The markets will take place on Saturdays and Sundays at the old Winnipeg Beach golf course, recently purchased by Anjali Schludermann-Goshulak, who is redeveloping the course into Ruby's Paradise.

"To start, we're going to be on the north portion of the Winnipeg Beach golf course by the Domo."

As Ruby's Paradise is developed, the market may move to another area of the golf course, but the team doesn't expect any interruptions.

"We're looking at this market coming back year after year and becoming one of the best darn places that people can come to for a market."

Vendors from across the province

can contact Karen Crotty through her KL Crotty Facebook page or by email at moonlightmarket2022@gmail.com.

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